

# HOW TO CHOOSE THE PERFECT CAREER

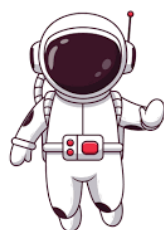
Watch the [video](#) "How to Choose the Right Career Path" by Career Addict.

## 1 WARM UP

Task 1: Can you identify the jobs shown in each picture?



1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_



4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_



7. \_\_\_\_\_ 8. \_\_\_\_\_ 9. \_\_\_\_\_

Task 2: Discuss the following questions as a class.

- Which of the jobs pictured would you like to do? Why?
- What did you want to be when you were a kid? Why?
- What do you like about your current job?
- Are there any aspects of your current job that you don't enjoy? Explain.
- How important is a work-life balance to you when selecting a career?

## 2 VIDEO: VOCABULARY

**Task 1: Match the words from the box to their definitions (a-h).**

slumped over a desk.	to figure out.	to possess.	to secure.
day-to-day practices	personality traits.	to narrow down	core values.

- to understand or solve a problem.
- to have or own something.
- to sit with the body bent over a desk, often indicating tiredness or a lack of energy.
- to get or obtain something.
- the characteristics of an individual
- things you, or a company, believe are really important.
- to reduce options or choices.
- things you do every day, daily routine, typically related to work.

**Task 2 Practice using the words by answering the questions.**

- What jobs require a person to be **slumped over a desk** for 8 hours a day?
- Can you give an example of a problem you had to **figure out** at work?
- What skills do you **possess** that are important for your job?
- How did you **secure** your current job?
- What are the **day-to-day practices** associated with your current job role?
- What **personality traits** do you think are important for success at your company?
- How do you **narrow down** your options when making decisions at work?
- What are some **core values** that you think a good company should have?

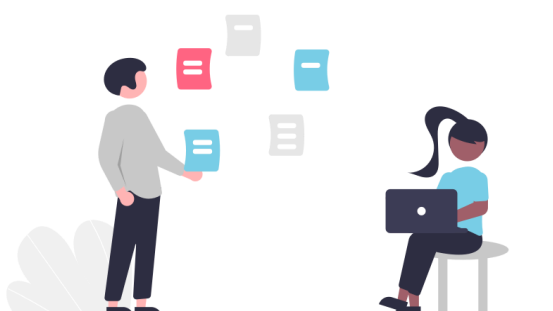


### 3 VIDEO QUOTES

**Task 1:** Use the words from the box to complete the quotes from the [video](#).

slumped over a desk.	to figure out.	to possess.	to secure.
day-to-day practices	personality traits.	to narrow down	core values.

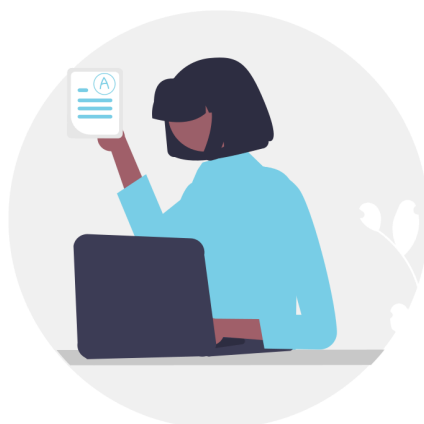
- To help you come to the right conclusion and avoid a life \_\_\_\_\_, here are seven steps that you should follow when trying to find your ideal career path.
- What are you passionate about? What would make you get out of bed on a cold, wintery morning to go to work? While your passion might not be your forte, it's a good starting point to help you \_\_\_\_\_ what career you want.
- As well as listing your hobbies, create a second list of skills that you \_\_\_\_\_.
- It's important to identify and take into consideration your \_\_\_\_\_ when it comes to your career path. It can often be confusing to figure out, so a state-of-the-art career test can help you discover your most-suited profession.
- Do you want to receive a high salary? Have a respectable job title? Or simply work for a cause that you care about? By answering these questions, you can \_\_\_\_\_ what type of roles you'd be interested in working towards.
- Talk to industry experts and find out more about the job and industry as a whole. They will offer insight into the \_\_\_\_\_, working hours, progression, and further opportunities.
- You should also research the job market and see whether there are opportunities in this field or whether it's a career that you'll struggle to \_\_\_\_\_.
- Make a list of qualities that are important to you and identify companies that have the same \_\_\_\_\_. This will help you narrow down your search and discover industries that you would be a good match for.



## 4 VIDEO: COMPREHENSION

**Task 1:** Watch the [video](#), then decide if the following statements are true or false.

1. Making a list of your hobbies is not a useful step in finding your ideal career path.  
a. True.                      b. False.
2. Enjoying an activity and being good at it are always the same thing.  
a. True.                      b. False.
3. Knowing your personality traits is important when considering your career path.  
a. True.                      b. False.
4. Identifying what you want from a career is unnecessary; just go with the flow.  
a. True.                      b. False.
5. Talking to industry experts can provide valuable insights into a potential career.  
a. True.                      b. False.
6. Researching the job market is irrelevant when deciding on a career path.  
a. True.                      b. False.
7. Discovering your core values is an important aspect of finding a fulfilling career.  
a. True.                      b. False.
8. A state-of-the-art career test is not helpful in identifying your perfect career.  
a. True.                      b. False.



## 5 DISCUSSION QUESTIONS


**Task:** Discuss the following questions as a class. Have fun!


1. What is the importance of making a list of your hobbies when trying to figure out what career path to pursue?
2. Do you think it is realistic for you to pursue a career related to your hobby?
3. Why is it important to create a list of skills you possess when trying to figure out what career path to pursue?
4. What skills do you have? Are they related to the job you do now? If not, what job are they better suited to?
5. Why is it important to consider your personality traits when choosing a career?
6. Can you share some of your key personality traits?
7. Can you give an example of a career that suits your personality traits, and another example of a career that doesn't suit your personality traits?
8. When deciding on a career path, what are your top three priorities in a job, aside from salary?
9. How can talking to industry experts help you find your perfect job?
10. Can you think of a career you are interested in exploring and the questions you would ask an industry expert about it?
11. Why is it essential to research the job market when considering a career?
12. Discuss the significance of considering career progression when exploring potential job opportunities.
13. Do you know what your current employer's core values are?
14. What core values does a company need to have for you to consider working for them? For instance, would you work for a tobacco company or a company that negatively impacts the environment?
15. How might a state-of-the-art career test help a person identify a suitable job?
16. Summarise the key tips given in the video. Which tip did you find useful? Do you have any tips of your own?

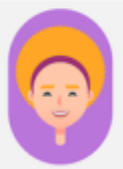



## 6 DEBATE

**Task 1:** Study the statements, then decide if you agree or disagree with them. Use the language in the table at the bottom of the page to help structure your answer.

**John**  

 Deciding on a career path when you're still a kid is ridiculous. Young people should be given more time to explore their interests before making such important choices.

**Oli**  

 The availability of good career opportunities varies between countries, impacting individuals' chances for success in their chosen career.

**Beth**  

 Schools should invest more time and effort in preparing students for real-world jobs to ensure they are equipped with practical skills for success in their future careers.

**Amy**  

 People say you should do what you love, but it's also important to think about having enough money and a stable job.

<p style="text-align: center;"><b>Express an opinion</b></p> <p>It seems to me that...                      I feel that...                      I'm absolutely convinced that...                      In my opinion,...                      I believe / suppose / feel (that)...</p>	<p style="text-align: center;"><b>Express disagreement</b></p> <p>I don't agree with you about...                      I can't accept your view that...                      I have a different opinion...                      I'm not sure if...                      I'm not convinced that...</p>
<p style="text-align: center;"><b>Express pro's and con's</b></p> <p>There are two sides to this point...                      On the one hand...,on the other hand...                      An argument for / against is...                      Some people think that...,others say that...                      The advantages / disadvantages are...</p>	<p style="text-align: center;"><b>Summarise</b></p> <p>So, in conclusion...                      To summarise..                      Overall, it is clear that...                      As a result..                      The bottom line is...</p>

## 7 WOULD YOU RATHER?

Let's begin the class with a fun speaking game. Follow the instructions:

- Decide what you would do or choose in each of the following situations (1-8).
- Give an explanation for your answer, and have fun!

1. Would you prefer a job that pays well but requires you to work a lot, or a job with less pay but more time for your personal life?

2. Would you rather have a job where you can work from home but have less chance to meet people, or a job where you go to the office but can socialise more?

3. Would you rather have a job that challenges you intellectually but is highly stressful, or a job that is less mentally demanding but more relaxed?

4. Would you rather have a job that challenges you intellectually but is highly stressful, or a job that is less mentally demanding but more relaxed?

5. Would you rather be a famous actor starring in blockbuster movies or a famous chef with your own cooking show?

6. Would you rather be a veterinarian caring for animals or a marine biologist studying ocean life?

7. Would you rather be a professional athlete competing in international sports events or a successful fashion designer showcasing your creations on runways?

8. Would you rather be a respected lawyer arguing high-profile cases in court or a famous musician headlining sold-out concerts?

## 8 PICTURE ROUND

**Task 1:** Discuss how the following things can help you find your perfect career.



1. Parents.



2. Colleagues.



3. Friends.



4. Social Media.



5. Volunteer work.



6. Industry events.



7. Teachers.



8. Travel.



# HOMework

## 1 TIPS FOR CHOOSING THE RIGHT CAREER

**Task 1: Read the following article.**

Choosing the right career path is a crucial decision that can greatly impact one's life. Here are four essential tips to help you make an informed choice.

Firstly, self-reflection is key. Take the time to understand your interests, skills, and values. Consider what activities bring you joy and fulfilment, and evaluate how your skills align with potential career paths. Identifying your strengths and weaknesses will provide valuable insights into professions that resonate with your passions.

Next, research different professions. Explore the requirements, responsibilities, and growth prospects of different careers. Attend career fairs, read job descriptions, and engage with professionals in the field through informational interviews. This information will help you make an informed decision and avoid unexpected challenges in the future.

Networking is the third tip. Build connections with professionals in your desired field. Attend networking events, join online forums, and seek informational interviews. Building relationships with individuals who have firsthand experience can provide valuable guidance and potentially open doors to opportunities.

Lastly, consider your long-term goals. Reflect on where you envision yourself in five or ten years. Assess whether the chosen career path aligns with your aspirations and offers room for growth and development. Evaluating the potential for advancement and continuous learning within the field is essential for long-term satisfaction.

In conclusion, choosing the right career requires self-reflection, thorough research, active networking, and a focus on long-term goals. By following these tips, you can make a well-informed decision that aligns with your interests and sets you on the path to a fulfilling and successful career.

**Task 2: Write detailed answers to the following questions.**

1. Describe the role of self-reflection in choosing a new career path.
2. How can detailed research help you choose a new career path?
3. What role does networking play in choosing a new career path?
4. Why should you align your long-term goals with your new career?
5. Write a summary of what you learned from the text, and main lesson.