

AT THE SHOPS

Read the [article](#) titled “Ways to Save Money on your Groceries” by Unlock Food.

1 WARM UP

Discuss your favourite and least favourite things related to the following topics.

1. Fruit.
2. Dessert.
3. TV show.
4. Musician.
5. Weather.
6. Social media platform.
7. Month of the year.
8. Clothing brand.



2 STORES: PICTURE ROUND

Match the words from the box to the relevant pictures.

supermarket pharmacy gas station bakery market clothes shop



1. _____ 2. _____ 3. _____

supermarket

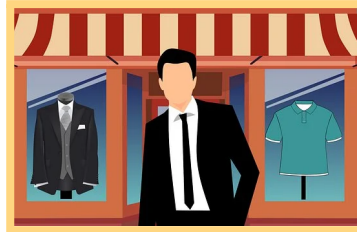
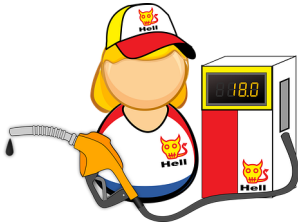
pharmacy

gas station

bakery

market

clothes shop



4. _____

5. _____

6. _____

3 ITEMS: PICTURE ROUND

Match the words from the box to the pictures.

t-shirt

meat

motor oil

baguette

medicine

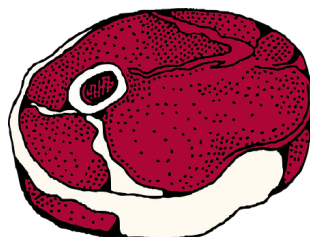
fruit



1. _____

2. _____

3. _____



4. _____

5. _____

6. _____

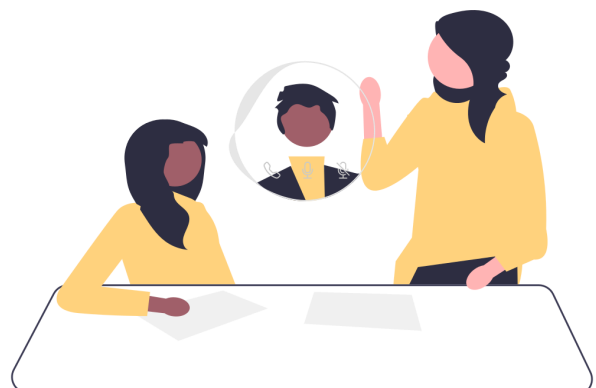
Complete the sentences below using the vocabulary from the box.

meat	market	t-shirt	bakery
pharmacy	gas station	baguette	clothes shop

1. John buys medicine from the _____.
2. My brother needs to buy motor oil from the _____.
3. They are going to the bakery to buy a _____.
4. His favourite _____ is called Levis. They sell nice jeans and t-shirts.
5. He is going to the supermarket to buy _____ for dinner.
6. The _____ is busy. There are lots of vendors selling different products.
7. Jack wants to buy a new _____ from the clothes shop.
8. Janet goes to the _____ every Sunday to buy cakes and bread.

Now, answer the questions below which use the vocabulary.

- a) Do you go to the supermarket every day?
- b) Do you buy bread from the bakery?
- c) Do you buy clothes from a clothes shop every month?
- d) What can you buy from a pharmacy?
- e) What can you buy from a bakery?
- f) Is there a market in your town? Do you go to the market often?
- g) What can you buy from the gas station?
- h) Do you ever shop online?



4 AT THE CLOTHES SHOP: DIALOGUE

Use words and phrases from the box below to complete the dialogue.

how can I help you today?	what colour would you like?	can I have a bag, please?
what size would you like?	would you like to try it on?	please can I buy it?

Employee: Hello! _____

John: Hi! I want to buy a new t-shirt.

Employee: Ok great. _____

John: Size medium, please.

Employee: _____

John: Do you have any green t-shirts?

Employee: Yes, here is a large, green shirt. _____

John: Yes, please. Where are the changing rooms?

Employee: Of course. Please follow me.

John: Thanks. (He goes and tries on the t-shirt, then returns).

Employee: Do you like the t-shirt?

John: Yes, it fits perfectly. _____

Employee: Yes, of course. Do you want to pay with cash or credit card?

John: With cash please.

Employee: Great. That will be \$20, please.

John: Here is \$20. _____

Employee: Thank you. Yes, here is your t-shirt in a bag. Have a great day!

Dialogue Questions:

1. What type of shop are they in?
2. What does John want to buy?
3. Where does John try on the t-shirt?
4. How does John pay?



Task: Act out the dialogue with a partner. Take turns being the employee and John.

5 AT THE BAKERY: DIALOGUE

Use words and phrases from the box below to complete the dialogue.

what do you recommend?	how can I help you today?
will you be paying with cash or card?	would you like anything else?
what type of bread would you like?	have a great day!

Employee: Hello! _____

Tom: Hi there! Do you have fresh bread for a special occasion?

Employee: Of course. _____

Tom: I'd like a French baguette, please.

Employee: Great. Let me get one for you. Is there anything else I can help you with?

Tom: Yes, I'd like some pastries. _____

Employee: Our croissants are popular. Would you like one of those?

Tom: Yes, can I have a chocolate croissant, please?

Employee: Excellent choice. _____

Tom: No, thank you. How much do I owe?

Employee: Your total comes to \$8. _____

Tom: I'll pay with cash, please.

Employee: Not a problem. That will be \$8, please.

Tom: Here you go.

Employee: Thank you. Here is your change, and your bag with everything inside.

Tom: Thank you so much. _____

Dialogue Questions:

1. What type of shop are they in?
2. What does Tom buy?
3. How much does Tom pay?



Task: Act out the dialogue with a partner. Take turns being the employee and Tom.

6 14 WAYS TO SAVE MONEY ON YOUR GROCERIES

Read the article aloud, then complete the tasks on the following page.

1. See what's on sale. Look at grocery store flyers, newspaper ads and online to see what items are on sale.
2. Make a grocery list. Your grocery list should include the ingredients that you need to make healthy meals and snacks. Make a meal plan to help make your list so you buy only what you need.
3. Use coupons. Coupons can help you save money by offering discounts. Check the expiry date on the coupons.
4. Use a calculator. As you shop, add up your grocery bill to help you stay on budget.
5. Shop at supermarkets. These stores offer more variety and usually cheaper prices than convenience stores.
6. Get to know the food prices. Write down the regular prices of foods you buy often. This will help you understand which stores have the best prices and if you are getting a good deal on sale items.
7. Avoid shopping when you're hungry. When you shop on an empty stomach, everything suddenly looks delicious! You may be more tempted to buy foods and things you don't need!
8. Get to know the supermarket layout and where the healthy foods are located. Supermarkets usually have a special section for discounted products.
9. Buy products that are in season. Vegetables and fruit are cheaper when they are in season. Avoid waste by buying fresh fruit at different stages of ripeness. Choose some fruit that is ready to eat, and some that will ripen in a few days.
10. Buy frozen or canned. When fresh food is out of season or too expensive, buy frozen or canned vegetables and fruit. They are just as nutritious.
11. Look high and low – not in the middle. The most expensive items are usually put on the shelves where you can easily see them. Some of the less expensive items may be on the higher or lower shelves.
12. Look at the “best before” and expiry dates. Choose foods with a best before or expiry date that will give you enough time to eat it all and prevent waste.
13. Check the “reduced” section. Reduced vegetables are good for soups and stews. Ripe bananas are perfect for making muffins or banana bread. Day old bread is fine for eating and makes good French toast or grilled sandwiches.
14. Choose store brands. No-name or store brand items are nutritious and are usually cheaper than the brands with fancy packaging. Try no-name or store brand products such as cereal, pasta, vegetables and canned goods.

[Article](#) adapted from unlockfood.ca



Decide if the statements, based on the article, are true or false.

1. Flyers and newspaper ads can tell you what items are on sale.
2. Grocery lists don't help you save money.
3. Coupons can help you save money by offering discounts.
4. Convenience stores are cheaper than supermarkets.
5. Shopping when you are hungry is a great idea.
6. Fruits and vegetables are cheaper when they are in season.
7. Store brand items are usually cheaper.
8. A calculator helps you to stay on budget.
9. Before purchasing a product, always check the expiry date.
10. The most expensive items are put on shelves where you can easily reach them.

Discuss the following questions as a class

1. Do you make a grocery list before you go shopping?
2. What is usually on your grocery list?
3. Do you use coupons regularly?
4. Do you prefer to buy fruits and vegetables when they are in season?
5. Do you buy store brand products?
6. Do you prefer to shop at convenience stores or supermarkets?
7. What is your favourite supermarket?
8. Do you use a calculator while shopping?
9. What day is best to go shopping?
10. Do you like to buy products from the "reduced" section?



7 GRAMMAR: SUPERLATIVES

Study the tables below.

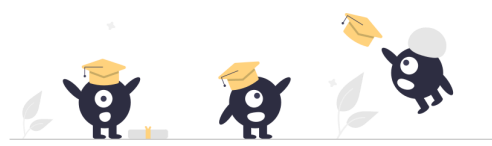
Superlative adjectives are used to describe a quality as the 'most' or the 'least'

- "est" to the end of the word.
- "most" before the word.

Superlatives	
One syllable.	Add "est" to the word Fast > Fastest Slow > Slowest
Two syllables ending in consonant + "y".	"y" > "iest" Heavy > Heaviest Early > Earliest
Two or more syllables.	Add "most" before the word. Dangerous > Most dangerous.
Irregular.	Bad > Worst Good > Best Far > Furthest

Read the adjectives below then say the superlative form of the word.

- | | | | |
|------------|-------|------------|-------|
| 1. Hot | _____ | 9. Sad | _____ |
| 2. Cold | _____ | 10. Happy | _____ |
| 3. Big | _____ | 11. Late | _____ |
| 4. Small | _____ | 12. Early | _____ |
| 5. Good | _____ | 13. Tall | _____ |
| 6. Bad | _____ | 14. Short | _____ |
| 7. Amazing | _____ | 15. Hungry | _____ |
| 8. Funny | _____ | 16. Tired | _____ |

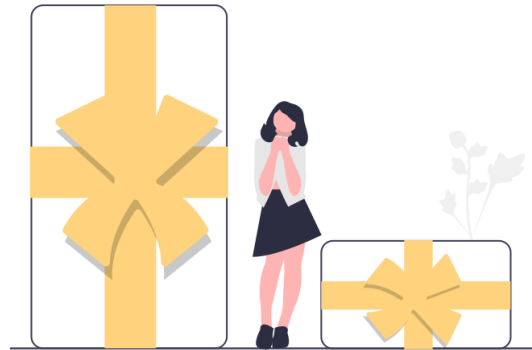


Complete the sentences below by using a superlative

1. Monday is the _____ (bad) day of the week.
2. Friday is the _____ (good) day of the week.
3. Jack is the _____ (tall) person on the football team.
4. John is hungry but Tom is the _____ (hungry) boy in the class.
5. August is the _____ (hot) month of the year.
6. January is the _____ (cold) month of the year.
7. Science class starts at 8:00 am. This is the _____ (early) class I have.
8. Scott is the _____ (funny) person I know.

Now, create sentences about yourself or people you know using the given superlative.

- a. Good. **Example; John is the best football player on the team.**
- b. Bad.
- c. Short.
- d. Intelligent.
- e. Happy.
- f. Funny.
- g. Amazing.
- h. Hot.



Discuss the following questions as a class.

1. Who is the best cook you know?
2. Who is the worst driver you know?
3. What is the biggest thing you have ever bought?
4. Who is the tallest person you know?
5. Describe the hottest place you have ever visited.
6. Describe the coldest place you have ever visited.

7. Who is the happiest person you know?
8. What is the most amazing present you have ever bought someone?

8 DEBATE

Read each of the statements below. Then, decide if you agree or disagree with the statements. Explain your answers.

1. I prefer to shop online.
2. Paying with cash is easier than paying with a credit card.
3. I only buy essential things because I don't like to waste money.
4. New clothes make me feel happy and confident.
5. I don't go to the supermarket on Sunday because it is too busy.
6. People should buy less things because people already have too many things.
7. I prefer to spend money on experiences (vacations etc) rather than possessions.
8. If I was a millionaire, I would go shopping everyday!

8 SHOPPING: GENERAL DISCUSSION QUESTIONS

Discuss the following questions as a class. Use this time to practice speaking as much as possible, have fun!

1. Do you prefer to eat at a restaurant or buy food from a shop and cook at home?
2. Do you think everyone will shop online in the future?
3. Do you think cash will exist in the future?
4. Do you think all shops will accept Bitcoin within the next 10 years?
5. How does social media encourage you to buy more?
6. Would you like to own your own shop? What would you sell? Explain.
7. Name three good things about shopping. Discuss each point.
8. Name three bad things about shopping. Discuss each point.





HOMework

Watch the [video](#) titled “Consumerism” by Mark Monkoz.

1 VIDEO ANALYSIS

On a separate piece of paper, write detailed answers using the new words and concepts presented throughout the lesson.

1. What do you understand about the word “consumerism”?
2. Is consumerism good or bad for the environment? Explain.
3. Is consumerism good or bad for the economy? Explain.
4. From the video, how does consumerism seem to affect workers?
5. How often do you update your phone, laptop, or other technology? Explain.
6. Is the video arguing for or against consumerism? Explain.
7. How do you think consumerism makes people feel?
8. Do you agree with the quote “We buy things we don't need with money we don't have to impress people we don't like”? Explain.

2 WRITING TASK: WOULD YOU RATHER?

On a separate piece of paper, write detailed answers to the scenarios listed below. You need to decide what you would do, and explain your answers.

1. Would you rather have a million pounds or a million friends?
2. Would you rather live 5 years in the future or 5 years in the past?
3. Would you rather live in Sydney, Australia or New York, United States of America?
4. Would you rather be able to turn invisible or be able to fly?
5. Would you rather never be stuck in traffic again or never get another cold?
6. Would you rather live on the beach or in a cabin in the woods?



7. Would you rather travel the world for a year, all expenses paid or have \$40,000 to spend on whatever you want?
8. Would you rather speak to animals or speak 10 foreign languages?